



**Canadian
Cardio-Obstetrics**
NETWORK

Date: August 20th, 2025

Summary of the First Clinical Pillar Meeting

Present (11): Jasmine Grewal, Mansi Patel, Amy Graham, Candice Silversides, Valerie Rychel, Akram Mikaeilpour, Samuel Siu, Rohan D'Souza, Jennifer Oakes, Angie Kealey, Maria Luz Garagiola

Absent (19): Robin Ducas, Natalie Bottega, Jonathan Windram, Laura Chisick, Keivan Alizadeh, Marina Vainder, Javier Ganame, Nancy Soliman, Arsha Karbassi, Emily Walker, Michelle Keir, Emilie Laflamme, Jessica Cudmore, Annie Dore, Janine Hutson, Alvan Buckley, Katherine Ross, Jillisa Byard, Nazneem Wahab

In this meeting, members of the CanCOB Clinical Pillar discussed strategies to improve clinical care for Cardio-Obstetric patients across Canada. The focus was on standardizing care, creating resources, and improving knowledge dissemination to ensure consistent, evidence-informed care nationwide.

Key Discussion Points:

1. Overview of CanCOB Mission, Vision, Values and Three Pillars

2. Objectives of the Clinical Pillar

- Support improvements in cardio-obstetric clinical care.
- Develop and share practical tools and resources.
- Promote collaboration among healthcare providers.
- Encourage consistent, evidence-based practices.

- Identify and address gaps in care delivery.

3. Proposed and approved Initiatives

- Clinical Care Templates:
 - First approved initiative of the CanCOB clinical pillar.
 - Develop standardized care plan templates (e.g., lesion-specific).
 - Develop a standardized, national labor and delivery (L&D) checklist. Consider incorporating check lists in the care plan templates.
 - Sites with existing templates will be asked to share them, with the goal of creating harmonized national versions. A survey will be sent out to gather this information (Mansi to organize).
 - A committee will oversee above review and standardization. There were some committee volunteers at the meeting (Amy Graham, Jennifer Oakes, Valerie Rychel, Akram Mikaeilpour)
 - Angie Kealey volunteered to lead this initiative.
- Clinical Care Pathways on Website:
 - Upload existing CCS Clinical Practice Update clinical algorithms (e.g., acute heart failure, arrhythmias, etc.) to the CanCOB website that is currently being created.
 - There will be a central hub on the website where providers can access guidelines, pathways, and tools.
 - This is underway and being overseen by Mansi Patel, Jasmine Grewal, and Candice Silversides.
- Clinical Care Statements:
 - Develop Canadian cardio-obstetric consensus statements on specific issues such as anticoagulation and include on website.
 - Potential publication in journals (e.g., CJC or CJC Open).
 - Aim to expand beyond existing flow algorithms into more comprehensive statements.
 - Plan to be developed.

4. Dissemination and Awareness

- Challenge: ensuring resources reach providers outside tertiary centers (e.g., rural hospitals).
- Suggestions:



- Use the CanCOB website map of referral centers.
- Engage Heart & Stroke, Canadian Cardiovascular Society (CCS), and SOGC for wider dissemination – Mansi Patel to pursue.
- Leverage social media and hospital foundation patient stories.
- Determine relevant conference schedules and socialize CanCOB (e.g., Obstetric Medicine Conference, SOGC, Family Medicine Updates). Mansi Patel to pursue this work.
- Survey clinicians to determine where they currently seek information (to guide dissemination). Mansi Patel to organize survey in coming months.

5. Other Considerations

- Create exit strategies for follow-up after pregnancy (transitioning back to primary care or ongoing cardio-OB care) – included in one-page summaries
- Ensure patient education resources are available in clinics (standardized handouts, website material, flyers).
- Add underrepresented conditions (e.g., SCAD, POTS, transplant) to the patient and provider educational pages.

6. Next Steps

- Send a survey to site leads to collect existing templates and care plans.
- Form a working committee to review and standardize templates.
- Plan for a follow-up meeting in 1–2 months.
- Identify a social media ambassador and compile a list of key conferences/meetings for outreach.

